

# Ergebnisliste

Paul Peeters -10 km-, 30.Juni 2019



| Platz | Zeit     | St.Nr. | Name                    | Verein                     | Jahr | PAK | AK   | Z-Diff   |
|-------|----------|--------|-------------------------|----------------------------|------|-----|------|----------|
| 1     | 00:38:40 | 783    | Pauli, Jan              | Laufenberg GmbH            | 1983 | 1   | M35  | 00:00:00 |
| 2     | 00:39:50 | 807    | Kölker, Manuel          | Stadtverwaltung Krefeld    | 1979 | 1   | M40  | 00:01:10 |
| 3     | 00:40:04 | 709    | Kirschbaum, Arne        | ohne Verein                | 1976 | 2   | M40  | 00:01:24 |
| 4     | 00:40:15 | 762    | Sánchez Garrido, Daniel | ohne Verein                | 1990 | 1   | HKM  | 00:01:35 |
| 5     | 00:40:39 | 756    | Myrold, Martin          | Seidenraupen Krefeld e.V.  | 1988 | 1   | M30  | 00:01:59 |
| 6     | 00:42:33 | 712    | Hennes, Christopher     | Bunert Roof Runners        | 1997 | 1   | JUNM | 00:03:53 |
| 7     | 00:42:42 | 781    | Leonhards, Jakob Ole    | Gymnasium Fabritianum      | 2002 | 1   | JMB  | 00:04:02 |
| 8     | 00:42:50 | 707    | Backschat, Marco        | Bunert Roof Runners goes U | 1966 | 1   | M50  | 00:04:10 |
| 9     | 00:43:08 | 760    | Ambaum, Eric            | ASV Duisburg               | 1999 | 2   | JUNM | 00:04:28 |
| W 10  | 00:43:29 | 104    | Lüchtefeld, Alice       | Bunert der Laufladen KÖLN  | 1992 | 1   | HKW  | 00:04:49 |
| 11    | 00:43:50 | 706    | Kraan, Joost            | ohne Verein                | 1981 | 2   | M35  | 00:05:10 |
| 12    | 00:44:16 | 703    | Gebhard, Constantin     | Gymnasium Fabritianum      | 2003 | 2   | JMB  | 00:05:36 |
| 13    | 00:44:21 | 739    | Ziemens, Daniel         | ohne Verein                | 1988 | 2   | M30  | 00:05:41 |
| 14    | 00:45:18 | 748    | Solmierzik, Philip      | TSV Bockum Krefeld         | 2000 | 1   | JMA  | 00:06:38 |
| 15    | 00:45:33 | 799    | Khader, Aki             | Seidenraupen Krefeld e.V.  | 1981 | 3   | M35  | 00:06:53 |
| 16    | 00:46:24 | 795    | Pastors, Markus         | Volksbank Krefeld eG       | 1974 | 1   | M45  | 00:07:44 |
| 17    | 00:46:35 | 791    | Reuter, Pascal          | Feuerwehr Krefeld          | 1987 | 3   | M30  | 00:07:55 |
| 18    | 00:46:38 | 792    | Birgels, Daniel         | Feuerwehr Krefeld          | 1982 | 4   | M35  | 00:07:58 |
| 19    | 00:47:01 | 768    | Lux, Sebastian          | Gymnasium Fabritianum      | 1982 | 5   | M35  | 00:08:21 |
| 20    | 00:48:32 | 729    | Uedingslohmann, Sebas   | Team Stralle               | 2002 | 3   | JMB  | 00:09:52 |
| 21    | 00:48:37 | 172    | Müller, Michael         | LT Krefeld-Oppum           | 1986 | 4   | M30  | 00:09:57 |
| 22    | 00:48:56 | 167    | Longerich, Max          | ohne Verein                | 1992 | 2   | HKM  | 00:10:16 |
| 23    | 00:48:58 | 727    | Knoth, Jan Lukas        | Team Stralle               | 2002 | 4   | JMB  | 00:10:18 |
| 24    | 00:49:15 | 808    | Depenbrock, Michael     | SWK Laufwerk e.V.          | 1965 | 2   | M50  | 00:10:35 |
| 25    | 00:49:20 | 790    | Mörtter, Norbert        | privat                     | 1968 | 3   | M50  | 00:10:40 |
| 26    | 00:49:23 | 796    | Wille, Daniel           | Volksbank Krefeld eG       | 1985 | 5   | M30  | 00:10:43 |
| W 27  | 00:49:44 | 782    | Stöckmann, Helene Mar   | Gymnasium Fabritianum      | 2002 | 1   | JWB  | 00:11:04 |
| 28    | 00:49:50 | 789    | Tervooren, Hendrik      | ohne Verein                | 1984 | 6   | M35  | 00:11:10 |
| 29    | 00:50:02 | 753    | König, Gerd             | aus Spaß am Laufen         | 1964 | 1   | M55  | 00:11:22 |
| 30    | 00:50:12 | 152    | Sibben, Jan             | ohne Verein                | 1985 | 6   | M30  | 00:11:32 |
| 31    | 00:50:33 | 780    | Kunz, Jonathan          | Gymnasium Fabritianum      | 2002 | 5   | JMB  | 00:11:53 |
| 32    | 00:50:36 | 755    | Aguilar Sanchez, Carlos | SWK Laufwerk e.V.          | 1973 | 2   | M45  | 00:11:56 |
| 33    | 00:50:38 | 153    | Gensior, Mathias        | Krefelder Kanu Klub        | 1955 | 1   | M60  | 00:11:58 |
| 34    | 00:50:39 | 714    | Hess, Rüdiger           | LT Krefeld-Oppum           | 1956 | 2   | M60  | 00:11:59 |
| 35    | 00:50:47 | 773    | Hinrichs, Jonas         | Gymnasium Fabritianum      | 2002 | 6   | JMB  | 00:12:07 |
| 36    | 00:50:49 | 751    | Engling, Matthias       | TSV Bockum Krefeld         | 2000 | 2   | JMA  | 00:12:09 |
| 37    | 00:50:55 | 159    | Gunia, Christina        | ohne Verein                | 1979 | 3   | M40  | 00:12:15 |
| 38    | 00:51:30 | 793    | Schumacher, Torsten     | Feuerwehr Krefeld          | 1989 | 7   | M30  | 00:12:50 |
| 39    | 00:51:44 | 149    | Schossau, Sebastian     | ohne Verein                | 1985 | 8   | M30  | 00:13:04 |
| 40    | 00:51:51 | 770    | Gaedeke, Roman          | Gymnasium Fabritianum      | 2002 | 7   | JMB  | 00:13:11 |
| W 41  | 00:52:46 | 708    | Schuster, Berit         | ohne Verein                | 1993 | 2   | HKW  | 00:14:06 |
| 42    | 00:52:47 | 716    | Fuchs, Florian          | RUNNING GAnG               | 1991 | 3   | HKM  | 00:14:07 |
| 43    | 00:52:48 | 717    | Koloß, André            | ohne Verein                | 1979 | 4   | M40  | 00:14:08 |
| 44    | 00:53:22 | 164    | Kremer, Malte           | ohne Verein                | 1987 | 9   | M30  | 00:14:42 |
| 45    | 00:53:35 | 730    | Ardelt, Niklas          | Team Stralle               | 2002 | 8   | JMB  | 00:14:55 |
| 46    | 00:53:42 | 803    | Rink, Hansjörg          | SC Bayer Uerdingen         | 1966 | 4   | M50  | 00:15:02 |
| W 47  | 00:53:58 | 173    | Herding, Stephi         | ohne Verein                | 1971 | 1   | W45  | 00:15:18 |
| W 48  | 00:54:08 | 715    | Führmann, Janine        | ohne Verein                | 1993 | 3   | HKW  | 00:15:28 |

| <b>Platz</b> | <b>Zeit</b> | <b>St.Nr.</b> | <b>Name</b>              | <b>Verein</b>             | <b>Jahr</b> | <b>PAK</b> | <b>AK</b> | <b>Z-Diff</b> |
|--------------|-------------|---------------|--------------------------|---------------------------|-------------|------------|-----------|---------------|
| W 49         | 00:54:46    | 814           | Borchel, Ulrike          | ohne Verein               | 1983        | 1          | W35       | 00:16:06      |
| 50           | 00:54:58    | 801           | Broß, Markus             | ohne Verein               | 1968        | 5          | M50       | 00:16:18      |
| W 51         | 00:55:06    | 800           | Klaßen, Anne             | Seidenraupen Krefeld e.V. | 1981        | 2          | W35       | 00:16:26      |
| 52           | 00:55:07    | 720           | Tomic, Tomislav          | ohne Verein               | 1978        | 5          | M40       | 00:16:27      |
| 53           | 00:55:24    | 165           | Gijsemans, Gustaaf       | ohne Verein               | 1949        | 1          | M70       | 00:16:44      |
| 54           | 00:55:29    | 737           | Hoffmann, Stephan        | FTV 1905 e.V.             | 1966        | 6          | M50       | 00:16:49      |
| W 55         | 00:55:37    | 170           | Goertz, Catharina        | ohne Verein               | 2002        | 2          | JWB       | 00:16:57      |
| 56           | 00:56:05    | 162           | Müller, Roland           | Breetlookrunners          | 1967        | 7          | M50       | 00:17:25      |
| W 57         | 00:56:07    | 731           | Fohrer, Lilli            | Team Stralle              | 2001        | 1          | JWA       | 00:17:27      |
| 58           | 00:56:09    | 530           | Friedrichs, Birk         | Volksbank Krefeld eG      | 1984        | 7          | M35       | 00:17:29      |
| W 59         | 00:56:11    | 747           | Huppertz, Sandra         | pure-training&coaching    | 1984        | 3          | W35       | 00:17:31      |
| 60           | 00:57:05    | 114           | Schmulke, Jürgen         | KTSV Preussen Krefeld 185 | 1961        | 2          | M55       | 00:18:25      |
| 61           | 00:57:16    | 174           | Herding, Frank           | ohne Verein               | 1963        | 3          | M55       | 00:18:36      |
| 62           | 00:58:07    | 744           | Lickes, Heinz-Theo       | LT Krefeld-Oppum          | 1956        | 3          | M60       | 00:19:27      |
| W 63         | 00:58:09    | 700           | Frisch , Felicitas       | Siempelkamp               | 1975        | 1          | W40       | 00:19:29      |
| 64           | 00:58:21    | 794           | Waschau, Gregor          | Volksbank Krefeld eG      | 1978        | 6          | M40       | 00:19:41      |
| 65           | 00:58:25    | 120           | Aßmann, Tobias           | ohne Verein               | 1982        | 8          | M35       | 00:19:45      |
| 66           | 00:58:28    | 742           | Hüsoges, Frank           | ohne Verein               | 1975        | 7          | M40       | 00:19:48      |
| 67           | 00:58:38    | 805           | Hauers, Tim              | Stadtverwaltung Krefeld   | 1985        | 10         | M30       | 00:19:58      |
| 68           | 00:58:44    | 752           | März, André              | Hügel-Helden & Friends    | 1980        | 9          | M35       | 00:20:04      |
| 69           | 00:59:03    | 788           | van de Mötter, Christian | ohne Verein               | 1983        | 10         | M35       | 00:20:23      |
| 70           | 00:59:05    | 802           | Weigelt, Klaus           | Laufftreff Traar          | 1960        | 4          | M55       | 00:20:25      |
| 71           | 00:59:19    | 745           | Simoncelli, Leonardo     | ohne Verein               | 1972        | 3          | M45       | 00:20:39      |
| 72           | 00:59:21    | 813           | Kriewald, Markus         | ohne Verein               | 1976        | 8          | M40       | 00:20:41      |
| 73           | 00:59:34    | 767           | Winzen, Benedikt         | SPD-Fraktion Krefeld      | 1985        | 11         | M30       | 00:20:54      |
| 74           | 00:59:48    | 166           | Pouwels, Christian       | ohne Verein               | 1992        | 4          | HKM       | 00:21:08      |
| W 75         | 00:59:56    | 103           | Langer, Mareike          | KTSV Preussen Krefeld 185 | 1993        | 4          | HKW       | 00:21:16      |
| 76           | 01:00:32    | 764           | Lincoln, Sonny           | ohne Verein               | 1977        | 9          | M40       | 00:21:52      |
| 77           | 01:01:19    | 771           | Zitzke, Paul Jonas       | Gymnasium Fabritianum     | 2002        | 9          | JMB       | 00:22:39      |
| W 78         | 01:02:06    | 102           | Duffhauß, Sara           | KTSV Preussen Krefeld 185 | 1993        | 5          | HKW       | 00:23:26      |
| W 79         | 01:02:16    | 743           | Hüsoges, Antje Frauke    | ohne Verein               | 1978        | 2          | W40       | 00:23:36      |
| W 80         | 01:03:04    | 735           | Schouren, Anna           | KTSV Preussen Krefeld 185 | 1981        | 4          | W35       | 00:24:24      |
| 81           | 01:03:07    | 736           | Schneider, Thomas        | KTSV Preussen Krefeld 185 | 1979        | 10         | M40       | 00:24:27      |
| 82           | 01:04:36    | 733           | Zander, Benjamin         | Grotenburgschule          | 1973        | 4          | M45       | 00:25:56      |
| W 83         | 01:04:52    | 766           | Wimmers, Marion          | Grotenburgschule          | 1979        | 3          | W40       | 00:26:12      |
| 84           | 01:05:05    | 778           | Cremer, Constantin       | Gymnasium Fabritianum     | 2002        | 10         | JMB       | 00:26:25      |
| W 85         | 01:05:29    | 811           | Ehrhardt, Tamara         | Gymnasium Fabritianum     | 1990        | 6          | HKW       | 00:26:49      |
| W 86         | 01:05:53    | 169           | Ohlert, Miriam           | ASV Süchteln              | 2000        | 2          | JWA       | 00:27:13      |
| 87           | 01:05:59    | 776           | Grävenstein, Jan         | Gymnasium Fabritianum     | 1988        | 12         | M30       | 00:27:19      |
| 88           | 01:06:08    | 750           | Tullmin, Benjamin        | Hammelstein Rechtsanwälte | 1985        | 13         | M30       | 00:27:28      |
| W 89         | 01:06:50    | 749           | Dahmen , Julia           | ohne Verein               | 1983        | 5          | W35       | 00:28:10      |
| 90           | 01:06:58    | 725           | Grossegger, Pablo        | Team Stralle              | 2002        | 11         | JMB       | 00:28:18      |
| 91           | 01:07:03    | 724           | Yilmaz, Kaan             | Team Stralle              | 2001        | 3          | JMA       | 00:28:23      |
| W 92         | 01:07:38    | 156           | Ermentrud, Ira           | ohne Verein               | 1996        | 7          | HKW       | 00:28:58      |
| W 93         | 01:07:43    | 157           | Schaele, Lea             | ohne Verein               | 1993        | 8          | HKW       | 00:29:03      |
| W 94         | 01:08:04    | 719           | Bloser, Petra            | SC Bayer Uerdingen Karate | 1980        | 6          | W35       | 00:29:24      |
| 95           | 01:08:38    | 721           | Wienholt, Bernd          | Team Stralle              | 1961        | 5          | M55       | 00:29:58      |
| W 96         | 01:08:43    | 171           | Goertz, Birgit           | ohne Verein               | 1963        | 1          | W55       | 00:30:03      |
| W 97         | 01:09:26    | 812           | Waßer, Ellen             | LLG Kevelaer              | 1969        | 1          | W50       | 00:30:46      |
| W 98         | 01:10:41    | 272           | Neumeyer, Daniela        | Bunert Roof Runners       | 1971        | 2          | W45       | 00:32:01      |
| W 99         | 01:12:28    | 786           | Blome, Anida             | ohne Verein               | 1972        | 3          | W45       | 00:33:48      |
| W 100        | 01:12:35    | 784           | Heisig, Andrea           | Jama Autoteile            | 1969        | 2          | W50       | 00:33:55      |
| W 101        | 01:16:38    | 815           | Ebert, Sonja             | ohne Verein               | 1985        | 1          | W30       | 00:37:58      |

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|--------------|-------------|---------------|--------------------|---------------|-------------|------------|-----------|---------------|
| W 102        | 01:16:42    | 754           | Schumacher, Sabine | ohne Verein   | 1975        | 4          | W40       | 00:38:02      |
| W 103        | 01:16:43    | 816           | Mona, Täufer       | ohne Verein   | 1980        | 7          | W35       | 00:38:03      |